

# Authorization for the release of health information

Use this form to authorize Blue Shield of California, Blue Shield of California Life & Health Insurance Company, and their business associates (collectively "Blue Shield") to release your health information to another person or organization.

#### 1. Member's information

Member name:

Member address:

Subscriber ID number:

Date of birth:

#### 2. Who may receive information?

Recipient's name:

Recipient's address:

Recipient's relationship to the Member:

#### 3. What is the purpose of completing this form? (Check one)

New authorization (proceed to number 4)

Revoke an existing authorization (skip to number 7)

#### 4. What is the purpose of the disclosure of information? (Check one)

At my request – no specific purpose

Specific purpose: \_\_\_\_\_

#### 5. What information may be shared with the recipient? (Check all that apply)

Explanation of benefits

Claims information

Premium billing information

Case management

Any or all information Blue Shield maintains. This may include information relating to your medical care, diagnosis, providers, insurance or benefit claims/payments, and/or financial/billing information. This does not include sensitive information unless specifically approved below.

Other (specify): \_

Blue Shield of California is an independent member of the Blue Shield Association Y0118\_24\_037A\_C 01192023 H2819\_24\_037A\_C Accepted 01272024

### 6. Is the recipient authorized to receive sensitive information? (Check one)

No
Yes (Check all that apply)
Contagious and infectious disease
🗌 Gender affirming care
Genetic information
Mental or behavioral health
Sexual and reproductive health
Sexual, physical, or mental abuse, including intimate partner violence
Sexually transmitted infections
Substance use disorder (alcohol/drugs)

#### 7. Expiration and revocation

I would like this authorization to end on \_\_\_\_\_\_ (ex: \_\_/\_\_/\_\_). If no date is selected, the authorization will expire one year from the date of signature below. You have the right to revoke this authorization at any time by notifying Blue Shield in writing. Revoking this authorization will not affect information we disclose before we receive you revocation request. If this authorization is given by a parent or legal guardian on behalf of a minor, it will expire on the minor's eighteenth birthday.

## 8. Signature of Member or legal representative

I have read this form, and I understand and agree to its terms. I direct Blue Shield of California to disclose the information to the noted recipient as directed above. I understand that once my information is disclosed, it could be re-disclosed by the recipient and may no longer be protected by privacy laws, including the federal Health Insurance Portability and Accountability Act of 1996. I understand that Blue Shield may not condition payment, enrollment in a health plan, or eligibility for benefits on whether I sign this authorization.

**For your protection, California law requires the following to appear on this form:** Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Signature

Date

Print name

If a legal representative signed this form, please provide representative's name and relationship to member (parent, court-ordered guardianship, Power of Attorney for Health Care, etc.):

If this form is signed by someone other than the member or the parent of a minor, such as a personal/legal representative, guardian, or executor, **you must also submit legal documentation** showing your authority to act on behalf of the Member (or the Member's estate) to release health information. Such documentation may include, for example:

- 1. Power of Attorney for Health Care
- 2. Current, valid documentation of court-ordered guardianship; or
- 3. Other valid legal documentation showing your authority to act on behalf of the Member (or the Member's estate)

## Keep a copy of the authorization form for your records.

Return the completed and signed authorization form to:

Blue Shield of California Customer Service P.O. Box 272540 Chico, CA 95927-2540

The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability.

La compañía cumple con las leyes de derechos civiles federales y estatales aplicables, y no discrimina, ni excluye ni trata de manera diferente a las personas por su raza, color, país de origen, identificación con determinado grupo étnico, condición médica, información genética, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad, ni discapacidad física ni mental.

本公司遵守適用的州法律和聯邦民權法律,並且不會以種族、膚色、原國籍、族群認同、醫療狀況、遺傳資訊、血統、宗教、性別、婚姻狀況、性別認同、性取向、年齡、精神殘疾或身體殘疾而進行歧視、排斥或區別對待他人。