



- Do a physical exam
- Ask about your family's health history
- · Give recommended shots, when needed
- Talk about dental health and, when needed, give your child fluoride varnish and fluoride supplements, and help in finding a dentist
- Check your child's hearing and vision
- Discuss important health topics such as development, behaviors, your and your child's mental health, nutrition, sleep, safety, and protecting skin from the sun

Your child's provider will check for:

- Developmental milestones
- Lead poisoning
- Anemia, if at risk
- Autism
- **Depression screening** in new mothers
- Anxiety
- Tuberculosis (TB), if at risk
- Cholesterol, if at risk
- Other health issues or concerns you have

February 2023 for children from birth to age 12



Your Medi-Cal managed care plan

The phone number is on your plan ID card and your plan's website Or go to www.dhcs.ca.gov/mmchpd

Medi-Cal Member Help Line

Call **1-800-541-5555** (TDD 1-800-430-7077)

Or go to www.dhcs.ca.gov/myMedi-Cal

Medi-Cal Dental

Call Smile, California at **1-800-322-6384** (TTY 1-800-735-2922) Or go to smilecalifornia.org or www.dhcs.ca.gov/MCP

Specialty Mental Health

Call **1-888-452-8609**

To ask about services for a serious mental health condition, contact your county Mental Health Plan at www.dhcs.ca.gov/CMHP

Alcohol or drug use

Call the Department of Health Care Services (DHCS) Substance Use Resource Center 24/7 at **1-800-879-2772** Or go to www.dhcs.ca.gov/SUD-NETRL

Crisis support

Call the National Suicide Prevention Line at **988**Or call **1-833-317-HOPE** (4673)

For live CalHOPE crisis counseling, go to www.calhopeconnect.org

Your rights and responsibilities



Call **1-888-452-8609**





Medi-Cal for Kids & Teens

Preventive and treatment services from birth to age 21





Medi-Cal services are free for children



All the care your child needs is free

If your child is enrolled in Medi-Cal, they qualify for free services and supports they need to stay or get healthy from birth to age 21.

This includes check-ups, shots, health screenings, and treatment for physical, mental, and dental health problems.

Read the check-up timeline below

It's important to take your child for regular check-ups even if they aren't sick. Regular check-ups can help keep your child healthy. They can prevent health problems, and find and address them early.

You can make an appointment any time to talk to a doctor, even if your child just had a check-up. Read the check-up timeline below.

You can get free transportation to medical appointments

Plan your child's check-up

Call your managed care plan. Or call the Medi-Cal Member Help Line at 1-800-541-5555 (TDD 1-800-430-7077).

You can get help to:

- Find a doctor or set up an appointment
- Get a free ride to and from your appointment or to pick up medication, medical equipment, and supplies
- Ask for language assistance at your appointment
- Ask for interpretive services

If you need this flyer or other Medi-Cal materials in an alternative format such as larger font, audio format, CD, or braille, call 1-833-284-0040.

Medi-Cal for Kids & Teens covers services to manage and treat health problems

If a doctor finds a physical, mental, or dental health concern that needs treatment or management, Medi-Cal must provide and cover the needed care.

Care covered by Medi-Cal for Kids & Teens:

- Physical health services, including primary care and specialist visits
- Mental health and drug or alcohol treatment services, including therapy
- Dental check-ups and follow-up services
- Vision services, including eyeglasses
- Hearing services
- COVID-19 testing and treatment
- Medical equipment and supplies, including durable medical equipment
- Medication
- Lab tests, including blood tests to check lead levels, and any needed follow-up care
- Physical, occupational, and speech therapy
- Home health services, including nursing care
- Hospital and residential treatment

 All other needed services. as your child's provider determines







Once a year from age 3 to 21

